

Preparations

- · Read the lesson plan and watch the film
- Prepare any post-it notes, mini-whiteboards or Mentimeter with the start texts
- Prepare for valuation exercises

Lesson planning

- Pre-understanding
- · Watch the film
- · Work with the content of the film
- · What does the law say?
- · You can get support here
- Reporting
- · Extra: continue to work with the deck of cards

1. Pre-understanding

The purpose of this material is to provide support and provide pupils with tools for using the Internet as a natural part of life and an integrated part of the school day. When young people describe what the Internet means to them, it becomes clear that they do not draw a clear line between life online and offline. Typically, pupils spend many hours on, for example, social media or playing online games. Everything is equally alive, equally real. Our young ones and our pupils are subjected to an avalanche

of impressions. Mastering this through your own filters, gut feeling and wise choices is invaluable.

Before you start, you can discuss the concepts *nudes* and *nude images*. Ask the pupils which term they are most familiar with, or which one they prefer to use. Is there perhaps a valuation in the different concepts? Let the pupils consider whether the words are equivalent, or whether they can/should be used in different contexts.

2. Watch the film "Are you thinking about selling nude images?"





3. Work with the content of the film

Emphasise that the conversations and discussions that you will now have are based on the film and the characters in it. At no time do the pupils need to use their own experiences from, or encounters with, the topic. Talk about how this may not concern everyone – but that peer

pressure can take different forms and, on social media or in games, it may occur as shown in the film. It's a good idea to let the pupils come up with their own examples of how peer pressure works and in what situations it may be present.

Start texts – work in pairs or groups

You can choose to carry out this exercise with, for example, post-it notes, mini-whiteboards or perhaps by creating a common word cloud using Mentimeter.

It is also possible to simply use the start texts orally as entrances to the theme and conversation.

Fill in the sentence to make it complete, according to your thoughts

Keep in mind that many times, it's a young person asking to buy nude images – in other words, it's not always an adult or older person.

- The person who sells nude images often wants to...
- The person who wants to buy nude images...
- · It is important to keep in mind that...
- · This money...
- · Peer pressure means that...
- · The most fun thing online and on social media is...
- $\boldsymbol{\cdot}$ The most challenging thing online and on social media is...



Valuation exercises

Choose the valuation exercise that suits you best or mix several exercises. Develop and discuss by letting a few pupils explain why they chose a particular alternative. Also, let them expand on each other's thoughts and ask each other follow—up questions.

Yes and no questions – Let the pupils use yes/no colours or yes/no signs, which they hold up to answer.

Stand in line – Let the pupils place themselves in a line where one end is 100% yes, and the other one is 100% no, creating a gradual yes/no scale along the line.

Hot seat-valuation exercise – Those who agree stand up. Those who disagree stay seated in their chair.

- It's perfectly okay to sell nude images, if you cannot see who is in the picture.
- If you really need the money, selling nude images is okay.
- · It's fun and exciting to sell nude images.
- · Will Charlie sell nude images of herself?
- The nude images can be used for blackmail later.
- The person selling nude images is in control of the person buying them.
- The person buying nude images is in control of the person selling them.
- · The worst thing that can happen is your parents finding out.
- It would be a problem if the person buying nude images finds out who you really are.
- Other people should not judge those selling nude images.
- · Selling nude images is a great way to earn money.
- \cdot You only have yourself to blame if you don't take the chance to make money.
- · This kind of money feels wrong.
- · You should work for your money.
- Nude images are not a big deal as long as the images are anonymous.
- · Nude images without a face are just boring.
- · Adults don't understand how young people think.
- It is possible to talk to some adults.
- · Parents can never find out what we do on social media.
- If something happens that upsets me, I know who I can talk to.
- The person who chooses to do something should not feel bad about it.
- The person selling nude images should consider what it might lead to in the future.
- · There are adults to talk to at our school.
- · It's easy to go your own way and ignore peer pressure.
- · It is not possible to talk to adults.



Discussion

Choose a few issues to discuss. Let the pupils first discuss in pairs or groups and let them later present their conclusions to the entire class. Choose whether all the pupils will discuss the same question, or if each group will be allowed to choose one question each to discuss. Follow-up questions may also emerge, which you want to discuss in more detail.

Discuss the concept of a *normalisation process* – that the boundaries of what is considered normal in a group or context shift. This could involve attitudes such as "everyone else does it", or that someone over time experiences, for example, criminal behaviours or violence as normal.

- · Why does Charlie's friend sell nude images?
- · Charlie is told not to overthink it. What does her friend mean by that?
- Why do you think her friend wants Charlie to sell nude images as well?
 (Let the pupils consider whether this is part of a normalisation process and if so, in what way?)
- · In what situations could someone do things they would not do otherwise?
- · How important is it that others do the same thing, for you to do something?
- · Give Charlie some advice. What should she think about?
- · What does Charlie think when her mum says she is not going to get a new phone?
- · Why are new things, such as bags, phones, clothes, important?
- (Is this also part of the normalisation process in some groups is it a must to have the right clothes, phone etcetera?)
- $\boldsymbol{\cdot}$ If Charlie sells nude images of herself, what could it lead to?
- What could the consequences be if you send nude images? Is it possible to protect yourself from any possible consequences?
- What can parents do to support their children in order to make them feel comfortable telling their parents if something bad happens?
- Who has the power? The one selling, or the one buying the nude images? (Is it possible to balance the power?)
- · What will her mum say if Charlie buys a new phone? What should her mum say and do?



What does the law say?

Selling nude images of yourself is not illegal in Sweden. However, buying nude images is an illegal act. This applies to both children and adults. Paying for a nude image of a child may constitute the offence of exploitation of a child for sexual posing (for children under the age of 15, circumstances such as payment are not required for the offence to arise). It can also constitute what the law defines as a child pornography offence.

A person who is 15 years of age or older has reached the age of criminal responsibility and can be convicted for various crimes.

Anyone who is of the age of criminal responsibility and is convicted of a crime receives a criminal record, which, in turn, can lead to problems, for example, when applying for certain types of jobs.

However, children under the age of 15 can also commit offences – even if they cannot be punished for them. For children under the age of 15, there are other consequences.

Thus, it can be illegal to buy nude images of children, even if the person buying is a child.

Discuss

- · Is everything illegal wrong?
- · Was there anyone doing something illegal in the film? If so, what was it?



ECPAT chats with young people: about peer pressure

This is how it can look like when children and adolescents chat with us. On our website **dittecpat.se/allemanschatten**, you can find more chats where you can read other people's questions and concerns – anonymous and with the chatter's approval. By reading other people's chats, you can get answers to your own questions or discover something new.

Visitor

I have several friends who sell images, and they're on my back because they think I should sell as well. I don't know what to do.

Support person

Your friends are selling images and they think you should sell them as well. What do you think and feel about it?

Visitor

They can buy a lot of things that their parents won't buy them, so that would be something. Then, I can also buy things.

Support person

So, you think you could buy a lot of stuff that you can't get from your parents?

Visitor

Yes. They don't have a lot of money, so I kind of never get new things.

Support person

If your parents could buy all the things you want, would you want to sell images then?

Visitor

No, I probably wouldn't.

Support person

So, what do you think about that, that you wouldn't sell images otherwise?

Visitor

Probably, that I don't actually want to do it.

Support person

Okay. You don't have to do anything that you don't want to do.

dittecpat.se/allemanschatten



You can get support here

Inform the pupils which member(s) of staff at the school are responsible for these matters - who can/should the pupils talk to?

How should you talk to an adult when you may feel ashamed or experience something you find difficult? Have the pupils discuss how they can start, make contact, or seek support.

Tell them that IF pupils make contact with an adult but feel that they are not receiving proper support – they should

not give up. There is always someone else they can talk to. Discuss how this type of situation can be managed. Inform them that it is your and others' professional responsibility as a teacher, counsellor, or other school staff to act in response to what the pupils say. Pupils should feel confident in knowing that they can receive guidance and support. If you, as an adult, don't know how to help, you can refer them to someone who knows more.

Ditt ECPAT (Your ECPAT)

On Ditt ECPAT (Your ECPAT) there are articles on various topics, for example, what is illegal or not, about sending or receiving nude images, about how to make a police report, and more. Visit the website and show the articles that discuss the areas covered during the lesson, so pupils know where they can find support and help.

WWW.DITTECPAT.SE

ECPAT Vuxenstöd (ECPAT Adult Support)

At ECPAT Vuxenstöd (ECPAT Adult Support) there is support for parents and other important adults close to children. For example, here you will find information about how different apps work, what is illegal and not, and children's tips and advice for adults.

WWW.ECPAT.SE/VUXENSTOD

Tips on reflections to send the pupils home with

- · What do you think the reasons are for selling nude images?
- Could you sell nude images and if so, would you set up rules for yourself? Which?
- · Who do you think buys nude images?
- · What would you do if someone pressured you into sending nude images?

